

## **SQUARELY REVIEW:** 'STARE' EXHIBITION

Walking through Big Jeffs' 'Stare' exhibition was more than your ordinary amble through a gallery; it was a poignant journey through resilience, introspection, and the power of community. His self-portraits, painted during and after lockdown, authentically convey raw honesty, Jeffs' soul laid bare in paint on canvas. Each piece is a textured and a visceral representation of Jeffs' experiences, going beyond visuals to capture profound human experience.

The exhibition's impact extends beyond art, urging viewers to 'Stare' beyond the canvas and question societal norms on disability and appearance. Jeffs' vulnerability, especially in pieces created after his accident, forges a profound connection with the audience. Stare at his portraits, and Jeff stares back.

What struck us was the exhibition's dedication to raising about awareness mental health, disability, and injury, collaborating with organisations like Talk Club and Dan's Fund For Burns. 'Stare' transcends artistic skill; it's a powerful testament to the resilience of the human spirit. A deeply moving and contemplative exhibition, and a true testament to the strength of human reserve.



Passion by Big Jeff



Incognito by Big Jeff



I Cry For You by Big Jeff